

FIT CLUB OF VOLUSIA 2024
ADVANCED & TEAM GYMNASTIC SCHEDULE

196 North Industrial Drive, Orange City, Florida 32763
 Phone: (386) 774-4348 --- www.fitclubgymnastics.com

TEAM LISTINGS	MON.	TUES.	WED.	THURS.	FRI.	SAT.	TOTAL HOURS
ADVANCED I PROGRAM					4:00-5:30		1.5
ADVANCED II PROGRAM		5:00-6:30		5:00-6:30			3
PRE-TEAM	3:30-5:30		3:30-5:30				4
BRONZE	3:30-5:30		3:30-5:30		3:30-5:30		6
SILVER	5:30-8:30	5:30-8:30		5:30-8:30			9
XCEL	5:30-8:30	5:30-8:30		5:30-8:30			9
LEVEL 4	5:30-8:30	5:30-8:30	5:30-8:30	5:30-8:30			12
LEVEL 5 & UP	5:30-9:00	5:30-9:00	5:30-9:00	5:30-9:00			14