# FIT CLUB OF VOLUSIA 2022 - 2023
# DEVELOPMENTAL & TEAM GYMNASTIC SCHEDULE
196 North Industrial Drive, Orange City, Florida 32763

| TEAM LISTINGS | MON. | TUES. | WED. | THURS. | FRI. | SAT. | TOTAL HOURS |
|---|---|---|---|---|---|---|---|
| DEVELOPMENTAL PROGRAM | | 5:00-6:30 | | 5:00-6:30 | | | 3 |
| PRE-TEAM | 3:30-5:30 | | 3:30-5:30 | | | | 4 |
| LEVEL 1 | 3:30-5:30 | | 3:30-5:30 | | 3:30-5:30 | | 6 |
| LEVEL 2 | 5:30-8:30 | 5:30-8:30 | | 5:30-8:30 | | | 9 |
| XCEL | 5:30-8:30 | **5:30-8:30** | | 5:30-8:30 | | | 9 |
| LEVEL 3-5 | 5:30-8:30 | 5:30-8:30 | 5:30-8:30 | 5:30-8:30 | | | 12 |
| LEVEL 6 & up | 5:30-9.00 | 5:30-9.00 | 5:30-9.00 | 5:30-9.00 | | | 14 |
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