

## SUMMER CAMP SIGN UP 2019

DATE: \_\_\_\_\_

CHILDS NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

PARENTS NAME: \_\_\_\_\_ FIT CLUB MEMBER? \_\_\_\_\_

Do you need drop off between 7am- 8am? \_\_\_\_\_ (It's an additional \$10.00 per week, per family)

*PLEASE CIRCLE DAYS ATTENDING. INDICATE 1<sup>ST</sup> or 2<sup>ND</sup> CHOICE*

### WEEK 1: GYMNASTICS or TRAMP & TUMBLE

**3rd 4th 5th 6th 7th**

1<sup>st</sup> Choice: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

### WEEK 2: GYMNASTICS

**10th 11th 12th 13th 14th**

1<sup>st</sup> Choice: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

### WEEK 3 : GYMNASTIC or CHEER

**17th 18th 19th 20th 21st**

1<sup>st</sup> Choice: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

### WEEK 4: GYMNASTICS or DANCE

**24th 25th 26th 27th 28th**

1<sup>st</sup> Choice: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

### WEEK 5: (4 Days) GYMNASTICS

**1st 2nd 3rd - 5th**

### WEEK 6: GYMNASTICS or TRAMP & TUMBLE

**8th 9th 10th 11th 12th**

1<sup>st</sup> Choice: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

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FIT CLUB GYMNASTICS

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**WEEK 7: GYMNASTICS OR CHEER**

**15th 16th 17th 18th 19th**

1<sup>st</sup> Choice: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

**WEEK 8: GYMNASTICS or DANCE**

**22nd 23rd 24th 25th 26th**

1<sup>st</sup> Choice: \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

**WEEK 9: GYMNASTICS**

**29th 30th 31st 1st 2nd**

1<sup>st</sup> Choice : \_\_\_\_\_ 2<sup>nd</sup> Choice: \_\_\_\_\_

**WEEK 10: GYMNASTICS**

**5th 6th 7th 8th 9th**

**Cut off and save info.**

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***Girl's Summer Gymnastics Camps:*** Open to all levels of ability! They will be doing girls gymnastics, learning skills on beam, bars, floor and vault.

***Boy's Summer Gymnastics Camps:*** Called "**BOY'S ZONE**," incorporates gymnastics, trampoline, tumbling, group games, strength and fitness challenges and our exciting Ninja Fit obstacle courses. Fast paced fun and challenging day camp.

***Cheerleading Camps:*** Our cheer camps focus on a combination of jumps, stunts, strength and conditioning, and flexibility while learning handstands, cartwheels, round-offs and bridge kick-overs plus learning basic cheers.

***Dance Camps: Just Dance!!*** Every day will be a different class ranging from ballet to hip hop and everything in between. Each class will consist of introductory skills from each genre of dance and end with a combination in that style.

***Trampoline & Tumble Camps:*** These camps focus on developing proper tumbling techniques using gym floor, rod floor, tumble-trak & trampoline. Perfect for cheerleaders & dancers.

**Summer Camps** include 2 hours of structured class, along with fun group games, open gym and activities.

Remember to pack a water, snack and lunch.

Camp hours are from 9:00am to 5:00pm however, you can drop off as early as 8:00am and pick-up as late as 6:00pm without any additional charges. If you need to drop off between 7-8am, it is an additional \$10 per week.

We also feature Theme weeks, which the Camp director announces at the beginning of each week.

Friday wraps up the week with the 100 ft. waterslide on premises (remember to bring a bathing suit and a towel).

Athletic clothing and/or Leotards are acceptable to wear.