

OPEN GYM

Open Gym time is where students get an opportunity to practice skills and tricks that they have been learning in regular classes, plus other new skills that may be challenging and fun for them to do. Open Gym has been an invaluable training tool for helping Fit Club kids to progress more quickly. It has proven to be “a must” supplemental practice time for every Fit Club student, six years of age and older.

PRACTICE

PRACTICE

and more
PRACTICE!

A Great time to **PRACTICE**
and have **FUN** too!!

Open Gym Times:

Friday 7:30-8:45 - \$5.00

Saturday 12:00-1:00 - \$5.00

ASK ABOUT OUR SATURDAY NIGHTS!