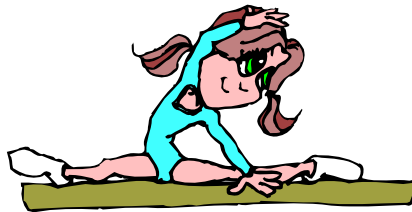


"OPEN GYM" Information



Open Gym time is where students get an opportunity to practice skills and tricks that they have been learning in regular classes, plus other new skills that may be challenging and fun for them to do. Open Gym has been an invaluable training tool for helping Fit Club kids to progress more quickly. It has proven to be "a must" supplemental practice time for every Fit Club student, six years of age and older.

One free Open Gym
per week to
registered gymnast.



Open Gym Times:

Wednesday & Friday 2:30-3:30 - FREE

Friday 7:30-8:45 - \$4.00

Saturday 12:00-1:00 - \$4.00

Other Open Gyms
are \$4.00 each.

