

**Fit Club of Volusia**  
"We Care About Children"

**Youth Annual Permission/Health Form**

(Please print legibly in ink and sign form before returning it to office)

This Youth Annual Permission/Health Form is for all Fit Club of Volusia activities.

I understand it is my responsibility to notify Fit Club of Volusia in writing as to any changes in the status of my permission or my child's health history prior to their participation in any Fit Club of Volusia activities.

I give permission for my child to participate in all Fit Club of Volusia activities for the time period indicated, including those activities held away from the regular activity sites. I understand that Fit Club of Volusia will inform me as to off-site activities and locations prior to my child's participation.

I will be responsible for transportation to/from activities, or am willing to permit Fit Club of Volusia to select transportation methods for my child.

I will notify Fit Club of Volusia if the Emergency Contact will be away from usual phone contact while my child is participating in a Fit Club of Volusia activity.

Name of Participant \_\_\_\_\_ Date of Birth \_\_\_\_\_ Male ( ) Female ( )  
Home Phone \_\_\_\_\_ E-mail \_\_\_\_\_ School Grade \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
Mother's Name \_\_\_\_\_ Father's Name \_\_\_\_\_  
Occupation \_\_\_\_\_ Occupation \_\_\_\_\_  
Work # \_\_\_\_\_ Cell # \_\_\_\_\_ Work # \_\_\_\_\_ Cell # \_\_\_\_\_  
Emergency Contact (other than parent) \_\_\_\_\_ Relationship to child \_\_\_\_\_  
Cell # \_\_\_\_\_ Home # \_\_\_\_\_ Work # \_\_\_\_\_  
Name of Doctor \_\_\_\_\_ Phone \_\_\_\_\_  
Name of Insurance Carrier \_\_\_\_\_ Phone \_\_\_\_\_  
Should your child be restricted in/from any activity? Yes ( ) No ( ) If yes, please list:

\_\_\_\_\_ (Please attach a separate page if additional space is needed.)

Please complete the following questions about your child's health history. Circle "yes" or "no" and/or fill in the appropriate blanks.

Any recent exposure to contagious diseases? Yes No If yes, what disease? \_\_\_\_\_  
When? \_\_\_\_\_

Any recent operations? Yes No If yes, give type of operation and date:

\_\_\_\_\_ Any recent serious injuries/illnesses? Yes No If yes, give description and date of injury/illness:

\_\_\_\_\_ List present medication and why medication is being taken:

\_\_\_\_\_

Suffers from:	Asthma:	Yes	No	Lung Disease:	Yes	No	Epilepsy:	Yes	No
	Diabetes:	Yes	No	Takes Insulin:	Yes	No	Cardiovascular:	Yes	No
Chronic	Nose:	Yes	No	Throat:	Yes	No			
Infection of:	Ears:	Yes	No	Sinus:	Yes	No			
Subject to:	Fainting:	Yes	No	Headaches:	Yes	No	Hyperactivity:	Yes	No
	Nose bleeds:	Yes	No	Motion Sickness:	Yes	No			

Does your child have any type of allergies? If yes, please list: \_\_\_\_\_

Last tetanus inoculation date: \_\_\_\_\_

Any other additional information: \_\_\_\_\_

Signature of Parent (Guardian) \_\_\_\_\_ Date: \_\_\_\_\_